बि.सं २०७९ मंसिर मिलन धर्मस्थली स्कुल तालिका Nov/Dec-2022

सोम	मंगल	बुध	विही	शुक	शनि
MON	TUE	WED	THU	FRI	SAT
			1 ₁₇	2 ₁₈	3 ₁₉
5 ₂₁	622	7 ₂₃	824	9 ₂₅	1026
1228	1329	14 ₃₀	15 _{Dec 1}	162	17 ₃
19 ₅	20 ₆	217	22 ₈	23 ₉	24 ₁₀
26 ₁₂	27 ₁₃	28 ₁₄	29 ₁₅		
Yamari Purnima					1
	5 ₂₁ 12 ₂₈ 19 ₅ 26 ₁₂	MON TUE 5 ₂₁ 6 ₂₂ 12 ₂₈ 13 ₂₉ 19 ₅ 20 ₆ 26 ₁₂ 27 ₁₃	MON TUE WED 521 622 723 1228 1329 1430 195 206 217 2612 2713 2814	MON TUE WED THU 521 622 723 824 1228 1329 1430 15Dec 1 195 206 217 228 2612 2713 2814 2915	MON TUE WED THU FRI 117 218 521 622 723 824 925 1228 1329 1430 15Dec 1 162 195 206 217 228 239 2612 2713 2814 2915

Next Publication on 2022 Dec 15 Edited By: Bhagwati Dhahal and Ranju Dangol

2079 Mangsir Month's Schedule and Information

Present	Upcoming		
16 : Picnic Jr	1-8 : SEE Pre Qualifying Exam		
23 : Football Competition	18-26 : Third Term Exam		
29 : SEE Pre Qualifying Exam			

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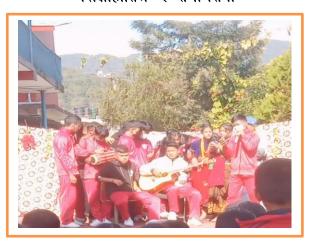
Volume 031

Mangsir - 2079

November /December 2022

NAMASTE SAATHI

शिक्षाहासिल र समाजसेवा



Students of Class 9 playing Deusi in Tihar Celebration Program

Tihar Celebration Program



Bhailo program conducted by the students of class nine. All academic and non-academic staffs enjoyed the Deusi- Bhailo program. After the Deusi- Bhailo, there was prize distribution for the winner of interhouse dance competition. The principal of the school had awarded



On the date of 6 Kartik, 2079 our school celebrated 'Tihar Special Program'. There was inter house dance competition in the first session. Students had performed cultural dances. All students and teachers had enjoyed the dances. In the second session there was Deusi-



the prize to the winner house. After the second session was over, there was lucky draw program. Students were very excited during that program. Lucky draw program was conducted according to the demand of students. There was good presence of parents in that day. The program

ended after prize distribution to lucky draw winners wishing 'Happy Tihar'.

Name: Sangita Khanal

Teacher

My pet, Tommy

Tommy is my pet Who always plays with water and gets wet He is very very good And seems happy when someone gives his food.

When he sees an outsider
He barks louder and louder
Tommy roams all around the house
And runs with fear when he sees the mouse.

Everyone in my house play with Tommy happily We have also thought him as our own family Of his loud barking neighbor see him as security dog And my family love him with lots of hugs.

Name: Salomee Khadka

Class: 5



Our school has adopted new system of celebrating student's birthday in the morning assembly. The birthday students are allowed to wear out dress on their birthday. Teachers, students and all the staffs of our school wish them their delighted happy birthday by playing birthday song in the morning assembly.

Name: Ranju Dangol

Teacher

Peace

Peace is the path we take for bringing growth and prosperity to society. If we do not have peace and harmony achieving political strength, economic stability and cultural growth will be impossible. Moreover, before we transmit the notion of peace to others, it is vital for us to process peace within. It is not a certain individual's responsibility to maintain peace but everyone's duty. History has been proof of thousands of wars which have taken place in all periods at different levels between nations. Thus, we learned that peace played an important role in ending these wars or even preventing some of them. In fact, if you take a look at all religious scriptures and ceremonies. You will realize that all of them teach peace. It is after the thousands of destructive wars that humans realized the importance of peace. Earth needs peace in order to survive. When peace and harmony are maintained, things will continue to run smoothly without any delay. In other words, while war destroys and disrupts, peace builds and strengthens as well as restores. Moreover, peace is personal which helps us to achieve security and tranquility and avoid anxiety and chaos to make our lives better. To begin peace with humankind, it is essential to maintain equality, security and justice to maintain the political order of any nation. Peace is also essential to encourage ethics that promote ecological prosperity and incorporate ecological solutions to resolve the environmental crisis. This will in turn share success and fulfil the responsibility of individuals to end historical prejudices.

Finally, it must be everyone's noble mission to promote peace by expressing its contribution to the long-lasting well-being factor of everyone's lives. Thus, we must all try our level to maintain peace and harmony.

Name: Rubina Lama

Class: 8

Tihar

Tihar is the festival of light. Tihar is the festival of 5 days. Tihar is second greatest festivals among Hindu people after Dashain. Tihar falls between October and November. During five days, crows, dogs and cows are worshiped. The first day of Tihar is 'Kag Tihar'. In this day, people worship crow by giving them delicious food. The second day of Tihar is 'Kukur Tihar'. In this day, people worship their dogs and give them delicious food to eat. The third day of Tihar is Laxmi Puja. In the morning of this day, people worship cow by putting garlands and serving them delicious food. In the evening of this day, people welcome goddess Laxmi by lighting candles, oil lamps and other lights. In this day, people also play Bhailo with their friends and family. The fourth day of Tihar is Goru Tihar and Mha Puja. In this day, people worship ox. In this day, people also play Deusi with their friends and family. In Newari community, people celebrate Mha Puja by sitting with their whole family. They also celebrate this day as their new year. The last day of Tihar is Bhai Tika. In this day, sisters worship their brothers for their long and healthy life. Sisters give fruits and Bhai Masala to their brothers and brothers give gift or money to their sisters. People enjoy Tihar by playing Deusi and Bhailo and cards. Tihar is also known as Depawali among Madhesi community. There are public holidays on the occasion of Tihar festival.

Name: Sambriddhi Chapagain

Class: 6

Volume 031

My best teacher

My best teacher's name is Bhagwati Dahal. She is forty-two years old. She lives in Chisapani. She is very beautiful and kind woman. She teaches me math, computer and moral. She loves and takes care of all children in our classroom. She gives priority to weak students.

She comes to school regularly. She is very smart teacher. She comes to school in proper uniform. She loves me very much and I also love her very much.

Name: Aakriti Bhandari

Class: 2

आमा

आमा जन्मदिने जन्मदाता हुन् । आमालाई जननी, माता, महतारी पनि भनिन्छ । आमा सबैका लागि प्यारी हुन्छिन् । आमा आफ्ना सन्तानलाई धेरै माया गर्छिन् । आमाले नै हामीलाई यस संसारमा उतारेकी हुन् , हिंडुन लाएक बनाएकी हन् । अनि राम्रो काम गर्न सिकाएकी हन् । आमा ममताकी खानी हन् । उनीभित्र मायादेवीको असिम भण्डार हन्छ । आफना सन्तानको हित चिता**इ**छिन । आफना सफलतालाई आफुनो सफलता ठान्छिन् । आफुनो सन्तान पढ्न जान्नेसन्ने होऊन् । ठलो मान्छे बनुन् । उनीहरुलाई कसैले नहेपोस् । उनीहरुको चारैतिर नाम फेलियोस् । आमा आफ्ना सन्तानप्रति यस्तै इच्छा राख्छिन् । आमा पशुपन्छीका लागि पनि प्यारी हुन्छिन् । गाईले आफ्ना बाच्छा बाच्छी चाटीचाटी माया गर्छ । कसैले छुन खोजे हान्न खोज्छ ।

> नाम हेमा शेरचन कक्षा ७

Dengue

Dengue is a viral infection transmitted to humans through the bite of infected mosquitoes and is found in tropical and sub-tropical climates worldwide. Mostly in western and semi urban areas. This virus is spread to people through the bite of an infected Aedes species.

Mild symptoms of dengue can be confused with other illness that cause fever, aches, rash, nausea or vomiting, intense pain behind eyes, muscles, bones and joint pain, abdominal pain and throwing up blood or blood in poop. Dengue fever usually occurs after an incubation period of 4 to 10 days after the bite of infected mosquito. High fever (40°C \104°F) is usually accompanied by at least two of the symptoms that is headache and pain behind eyes.

This virus is also called (DENV). We have to wear long-sleeved shirts, long pants, use insect repellent, control mosquitoes inside and outside home, use air cooling, avoid public spaces, use insect protection, and check for symptoms to prevent from it. Each year, an estimated 400 million, people are infected with dengue virus through the bite of infected mosquitoes.

Name: Binisha Tamang

Class: 7